The way your instructors teach won’t always match the way you learn. Come up with strategies to adapt…

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| **Class name** | **Teaching Style** | **My Learning Style** | **Match: Yes or No? How to adapt?** |
| *Psychology* | *Uses PowerPoints with lecture: Visual + Auditory* | *Kinesthetic + Visual* | *No, but I can ride a stationary bike while looking over my notes.* |
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